

Gilmore invites cyclists to Big Canberra Bike Ride

Commonwealth Games gold medalist and Honda Dream Team leader, Rochelle Gilmore is inviting Canberra residents to join her in the Big Canberra Bike Ride on Canberra Day, Monday 14 March 2011.

“Canberra is a great place to ride a bike and the Big Canberra Bike Ride provides a good opportunity for riders at all levels to enjoy the autumn sunshine and get out for a ride with myself and other professional cyclists.

“I welcome Canberra’s novice riders, experienced cyclists and everyone in between to join me on 14 March. The Big Canberra Bike Ride incorporates four routes of different lengths, offering something for riders at all levels,” Gilmore said.

Coordinated by three not-for-profit organisations, the Amy Gillett Foundation, the Heart Foundation and Pedal Power, the Big Canberra Bike Ride aims to attract Canberra locals to cycling, encourage them to ride more frequently and promote safety on the road.

The event will incorporate the Amy Gillett Foundation’s 68km and 105km Amy’s Ride events in addition to the traditional 25km ride (with a 16km shortcut option).

Honda announced its sponsorship of the Amy Gillett Foundation late last year as part of its ongoing support for cycling and road safety.

“Honda has made a strong commitment to cycling in recent years, with support for the Honda Dream Team and sponsorship

of various professional women's events as well as involvement with the Amy Gillett Foundation," Gilmore said.

The Big Canberra Bike Ride will leave from the Old Parliament House lawns, with the 105km ride departing at 7:45am, the 68km ride leaving at 8:00am, followed by the 25km (and 16km shortcut ride) at 8:30am.

For further details including registration information, please visit www.pedalpower.org.au/bcbr

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